NEW YORK STYLE PIZZA



SERVING SOME OF NEW YORK CITY'S FINEST PIZZA!

HOT & FRESH THIN CRUST PIZZA

	<u>Per Slice</u>	<u>18" Pie</u>
PLAIN CHEESE	2.75	19.50
PEPPERONI, BACON or MUSHROOM	3.50	24.50
WHITE or MIXED VEGETABLES	3.95	27.50
SAUSAGE or SAUSAGE & PEPPERS	3.95	27.50
PEPPERONI & MUSHROOMS	3.95	27.50
PEPPERONI & BACON	3.95	27.50
PEPPERONI, PEPPERS & ONIONS	3.95	27.50
PEPPERONI & SAUSAGE	4.50	29.50
CHICKEN & BROCCOLI	4.50	29.50
BBQ CHICKEN or BUFFALO CHICKEN	4.50	29.50
MARGHERITA PIZZA	4.50	29.50
w/ Fresh Mozzarella Cheese, Toma	ito & Basil.	
HAWAIIAN PIZZA	4.50	29.50
w/ Ham & Sweet Pineapple Chunk	s.	
BAKED ZITI PIZZA	4.50	29.50
w/ Penne Pasta & Vodka Sauce.		
MEXICAN PIZZA	5.25	33.50
w/ Ground Beef, Jalapeños, Chedo	lar Cheese & (Onions.
PHILLY STEAK PIZZA	5.25	33.50
w/ Freshly Sliced Shredded Beef, G	Green Peppers	s & Onions.
PEPPERONI, SAUSAGE & BACON	5.25	33.50

SICILIAN THICK CRUST PIZZA

	<u>Per Slice</u>		<u>Per Pie</u>
<u>SICILIAN</u>	3.75	8 slices	24.50
SICILIAN w/ PEPPERONI	4.50	8 slices	29.50
CLUTEN EDEE DIZZA			

GLUTEN-FREE PIZZA

	<u>Per Siice</u>		<u>Per Pie</u>	
GLUTEN-FREE 12" PIE	3.75	4 slices	12.00	

PIZZA TOPPINGS

	<u>Per Slice</u>	<u>1/2 Pie</u>	<u>Whole Pie</u>
Price Per Item	.75	3.00	5.00
Extra Cheese • Sliced			
Fresh Tomato • Pepp			
Fresh Garlic • Spinac	h • Roasted Peppei	rs • Sun-Dried Ior	natoes • Basil
Price Per Item	1.75	6.00	10.00

Italian Sausage • Diced Ham • Shredded Beef • Grilled Chicken Cutlet
Breaded Chicken Cutlet • BBQ Chicken • Buffalo Chicken • Teriyaki Chicken

Free Toppings

Dry Aged Garlic • Chili Pepper Flakes • Oregano • Parmessan Cheese

West End Ave.

54th St.

DELIVERY AREA

63th St.

7th Ave.

Tel: 212.245.0440 Fax: 646.590.2532 **FLUFFYS.NYC**

DELIVERY MENU 2019



SERVING SOME OF NEW YORK CITY'S FINEST BREAKFAST, PIZZA & BURGERS!

FLUFFY'S

CAFÉ & PIZZERIA

FRESH FOOD FOR ALL TASTES!™

ESTABLISHED 1975



OPEN 6AM - 12 MIDNIGHT 7 DAYS A WEEK

DELIVERY 7am - 11pm • \$15 Minimum

VEGETARIAN & GLUTEN-FREE OPTIONS FOR MOST MEALS!



370 West 58th Street corner of 9th Avenue

Tel: 212.245.0440 Fax: 646.590.2532

FLUFFYS.NYC

BREAKFAST



SERVED DAILY FROM 6 AM TO 1PM

FARM FRESH EGGS, OMELETTES & PLATTERS

SERVED WITH CHOICE OF TOAST, ROLL OR TORTILLA WRAP.

E1. 2 EGGS (Any Style) 3.50 5.95 E2. CHEESE OMELETTE 4.50 6.95 E3. SPANISH OMELETTE 5.50 7.95 W/ Diced Onions, Tomatoes, Peppers & Salsa. E4. GREEK OMELETTE 6.50 8.95 W/ Feta Cheese, Diced Onions, Baby Spinach & Tomatoes. E5. HEALTHY START OMELETTE 6.50 8.95 W/ Egg Whites & 3 from Cheeses & Vegetables. E6. WESTERN OMELETTE 7.50 9.95 W/ Ham, Diced Onions & Grilled Peppers. E9. CUSTOM OMELETTE 7.50 9.95 SANDWICH or WRAP W/ Choice of 1 Meat & 3 from Cheeses & Vegetables. E7. MEAT LOVER'S OMELETTE 8.50 10.95 W/ Choice of 2 Meats & 2 from Cheeses & Vegetables. E8. SEAFOOD LOVER'S OMELETTE 9.50 11.95 W/ Smoked Nova Scotia Salmon and choice of 3 from Cheeses & Vegetables.			
E2. CHEESE OMELETTE ### SPANISH OMELETTE ### Diced Onions, Tomatoes, Peppers & Salsa. ### Sandwich of Warp ### Western of Melette ### Meat Lover's omelette ### Meat Lover's om		Roll/Wrap	<u>Platter</u>
E3. SPANISH OMELETTE W/ Diced Onions, Tomatoes, Peppers & Salsa. E4. GREEK OMELETTE W/ Feta Cheese, Diced Onions, Baby Spinach & Tomatoes. E5. HEALTHY START OMELETTE W/ Egg Whites & 3 from Cheeses & Vegetables. E6. WESTERN OMELETTE W/ Ham, Diced Onions & Grilled Peppers. E9. CUSTOM OMELETTE SANDWICH or WRAP W/ Choice of 1 Meat & 3 from Cheeses & Vegetables. E7. MEAT LOVER'S OMELETTE W/ Choice of 2 Meats & 2 from Cheeses & Vegetables. E8. SEAFOOD LOVER'S OMELETTE W/ Smoked Nova Scotia Salmon and	E1. 2 EGGS (Any Style)	3.50	5.95
W/ Diced Onions, Tomatoes, Peppers & Salsa. E4. GREEK OMELETTE 6.50 8.95 W/ Feta Cheese, Diced Onions, Baby Spinach & Tomatoes. E5. HEALTHY START OMELETTE 6.50 8.95 W/ Egg Whites & 3 from Cheeses & Vegetables. E6. WESTERN OMELETTE 7.50 9.95 W/ Ham, Diced Onions & Grilled Peppers. E9. CUSTOM OMELETTE 7.50 9.95 SANDWICH or WRAP W/ Choice of 1 Meat & 3 from Cheeses & Vegetables. E7. MEAT LOVER'S OMELETTE 8.50 10.95 W/ Choice of 2 Meats & 2 from Cheeses & Vegetables. E8. SEAFOOD LOVER'S OMELETTE 9.50 11.95 W/ Smoked Nova Scotia Salmon and	E2. CHEESE OMELETTE	4.50	6.95
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w/ Smoked Nova Scotia Salmon and			10.95
	w/ Smoked Nova Scotia Salmon and	9.50	11.95

ALL PLATTERS SERVED W/ SIDE ORDER OF HOME FRIED POTATOES.

BREAKFAST ADD-INS & OPTIONS

EGGS SERVED w/ GLUTEN-FREE BREAD or CROISSANT add 1.50

BREADS:	Sliced Breads:	White •	Whole Wheat	 Rye 	Whole Grain
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Rolls: Kaiser Roll • English Muffin

<u>Tortilla Wraps</u>: White • Whole Wheat • Spinach

Sun-Dried Tomato

<u>Bagels</u>: (add 1.00) Plain • Onion • Cinnamon Raisin • Poppy

Sesame • Everything • Pumpernickel

Whole Wheat • Bialy

MEATS: (2.25 per extra) Bacon • Turkey Bacon • Sausage Patty

Diced Ham • Salami

(2.95 per extra) Roast Beef • Sliced Turkey • Sliced Ham

CHEESES: (1.00 per extra) American • Feta • Swiss • Cheddar

Mozzarella • Provolone • PepperJack

VEGGIES: (1.00 per extra) Onions • Kalamata Olives • Tomatoes

Scallions • Sun-Dried Tomatoes

Baby Spinach • Baby Kale • Jalapeños Broccoli • Peppers • Mushrooms

Cherry Tomatoes • Roasted Peppers

OTHER: (1.95 per portion) Sliced Avocado • Fresh Mozzarella Portobello Mushrooms • Tofu

SEAFOOD: (3.75 per portion) Smoked Nova Scotia Salmon

EXTRAS (add 1.50) Extra Egg • Egg Whites • Potatoes

BREAKFAST SIDE ORDERS

LARGE SIDE OF HOME FRIED POTATOES	3.95
SAUSAGE PATTIES (2 PIECES)	3.95
BACON (4 STRIPS) or TURKEY BACON (3 STRIPS)	2.95
SLICED HAM, TURKEY or ROAST BEEF (2 SLICES)	2.95

BREAKFAST



SERVED DAILY FROM 6AM TO 1PM

BREAKFAST BURRITOS

w/ WHITE, WHOLE WHEAT, SPINACH or SUN-DRIED TOMATO TORTILLA

SERVED w/ HOT SAUCE & SIDE OF PICO DE GAYO SALSA.

B1. VEGGIE BURRITO

w/ Scrambled Eggs, Peppers, Onions, Tomatoes & Cheddar.

B2. SPINACH & FETA BURRITO

7.50

w/ Egg Whites, Scallions & Mushrooms.

B3. <u>HAM & CHEESE BURRITO</u> 7.50

w/ Scrambled Eggs, Peppers, Tomatoes, Onions & Cheddar.

B4. SAUSAGE & CHEESE BURRITO 7.50

w/ Scrambled Eggs, Peppers, Mushrooms, Onions & Cheddar.

8.50 W/ Scrambled Eggs, Crispy Bacon, Shredded Cheddar Cheese, Diced Red Peppers & Home Fried Potatoes.

B6. BACON & AVOCADO BURRITO

W/ Scrambled Eggs, Crispy Bacon, Fresh Avocado, Onions,
Shredded Cheddar Cheese, Peppers & Tomatoes.

B7. EL GRANDE BURRITO

w/ Scrambled Eggs, Crispy Bacon, Sausage, Onions,
Shredded Cheddar Cheese & Peppers.

B8. GRILLED BEEF BURRITO

W/ Egg Whites, Grilled Shrimp, Scallions, Mushrooms,
Mozzarella Cheese & Diced Red Peppers.

W/ SIDE ORDER OF HOME FRIED POTATOES add 2.50

ORGANIC QUINOA BREAKFAST BOWLS

START YOUR DAY WITH A PROTEIN PACKED, ORGANIC & GLUTEN-FREE MEAL.

Q1. MEDITERRANEAN QUINOA

w/ 2 Eggs, Quinoa, Chickpeas, Feta, Tomatoes, Onions,
Kalamata Olive & Roasted Garlic Rosemary Sauce.

Q2. SOUTHWESTERN QUINOA

w/ 2 Eggs, Quinoa, Sliced Avocado, Cilantro, Onions,

Salsa, Black Beans, Cheddar & Light Chipotle Sauce.

W/BACON, HAM OR SAUSAGE add 2.25

FLUFFY'S BREAKFAST SPECIALS

FLUFFI 3 DREAKFAST SPECIALS	
S1. 2 EGGS & CHEESE on a ROLL	4.50
S2. 2 EGGS w/ BACON, HAM or SAUSAGE on a ROLL	5.50
S3. 2 EGGS & CHEESE w/ BACON, HAM or SAUSAGE on a ROLL	5.95
S4. <u>HEALTHY EGG WHITE WRAP</u> <u>w/ choice of 3 from VEGGIES & CHEESES</u>	6.50
S5. 2 EGGS w/ TOAST, HOME FRIES & choice of BACON, HAM or SAUSAGE	7.95
S6. CUSTOM OMELETTE PLATTER w/ HOME FRIES, TOAST, 1 MEAT & 3 from VEGGIES & CHEESES	9.95
S7. 2 EGGS w/ TOAST, HOME FRIES, BACON & slice of FRENCH TOAST	10.95
S8. FRENCH TOAST w/ BACON, HAM or SAUSAGE	11.50

13.95

& FRESH BERRIES w/ WHIPPED CREAM
S9. 3 EGGS w/ TOAST, BACON, SAUSAGE

& 2 BUTTERMILK PANCAKES

BREAKFAST



SERVED DAILY FROM 6 AM TO 1 PM

HOMEMADE WAFFLES 7.50
CHALLAH FRENCH TOAST 7.50
BUTTERMILK PANCAKES 7.50
STRAWBERRY, BLUEBERRY

STRAWBERRY, BLUEBERRY
or BANANA PANCAKES add 1.75

PANCAKE ROLL-UPS 7.50

GRIDDLE ADD-INS & OPTIONS

GLUTEN-FREE PANCAKES or FRENCH TOAST add 2.00

w/ 2 Eggs (Scrambled or Fried)	add	3.00
w/ Bacon, Ham or Sausage Pattie	add	2.25
w/ Strawberries, Blueberries & Whipped Cream	add	2.95
w/ Bananas & Caramel Syrup	add	2.00
w/ Chocolate Chips & Chocolate Syrup	add	2.00
w/ Nutela Hazelnut Chocolate Spread	add	2.50
w/ Peanut Butter & Jelly Spread	add	2.50



SERVED DAILY FROM 6AM TO 11AM

FRESH JUMBO BAGELS

PLAIN • ONION • CINNAMON RAISIN • POPPY • SESAME EVERYTHING • PUMPERNICKEL • WHOLE WHEAT • BIALY

PLAIN or TOASTED w/ Butter and/or Jelly 2.00

1.	REGULAR or LOW-FAT Cream Cheese	3.25
2.	SCALLION or WALNUT-RAISIN Cream Cheese	3.75
3.	STRAWBERRY or KALAMATA OLIVE Cream Cheese	3.75
4.	VEGETABLE or JALAPEÑO PEPPER Cream Cheese	3.75
5.	LOX Cream Cheese	4.50
6.	PEANUT BUTTER & JELLY SPREAD	3.95
7.	NUTELA CHOCOLATE SPREAD	3.95
8.	SMOKED NOVA SCOTIA SALMON NEW YORK'S BEST! w/ Capers, Onions, Sliced Tomatoes & Cream Cheese on Bag	
9.	CHEESE w/ Choice of Sliced Cheese AMERICAN • FETA • SWISS • CHEDDAR • MOZZARELLA • PROVOLONE • PEP	3.50 PERJACK
10.	BACON, HAM or SAUSAGE	4.50
11.	BACON, HAM or SAUSAGE w/Choice of Sliced Cheese	5.50

W/ GLUTEN-FREE BAGEL add 1.00

W/ EXTRA CREAM CHEESE, SLICED CHEESE or w/ TOMATOES add 1.00

16oz.

4.95

 HOT OATMEAL
 120z.

 ADD-INS: (.75 per portion)
 3.95

BANANAS • BLUEBERRIES • STRAWBERRIES • RAISINS • WALNUTS GRANOLA • HONEY • TOASTED ALMONDS • BROWN SUGAR

BEVERAGES



	<u>Single</u>		<u>Double</u>		
ESPRESSO	2.50		3.75		
CAFFE AMERICANO	3.00		4.00		
CAFFE MACHIATTO	3.50				
	<u>Reg.</u>	<u>Lg.</u>	<u>X-Lg.</u>	<u>lced</u>	<u>Lg. Iced</u>
	<u>12oz.</u>	<u>16oz.</u>	<u> 20oz.</u>	<u>16oz.</u>	<u>24oz.</u>
CAPPUCINO	3.50	4.50	5.50	4.50	5.50
CAFFE LATTE	3.50	4.50	5.50	4.50	5.50
CAFFE MOCHA	4.00	5.00	6.00	5.00	6.00
CAFFE CARAMEL	4.00	5.00	6.00	5.00	6.00
MOCHACCINO	4.00	5.00	6.00	5.00	6.00
AMERICAN COFFEE	1.75	2.50	3.25	2.75	3.75
DECAF. or FLAVORED COFFEE	2.00	2.75	3.50	3.00	4.00
CAFFE AU LAIT	2.50	3.25	4.00		
REGULAR TEA	1.75	2.25	2.75	2.50	3.50
HERBAL TEA	2.00	2.50	3.00	2.75	3.75
CHAITEA	2.50	3.25	4.00	3.50	4.50
STEAMED CHOCOLATE	2.50	3.25	4.00		
STEAMED MILK	2.00	2.75	3.50		



		<u> 10oz.</u>	<u> 160z.</u>
FRESH SQUEEZED ORANGE JUICE		2.95	4.50
SNAPPLE ICED TEAS • PELLEGRINO		2.00	
TROPICANA JUICES • NANTUCKET NECTARS	5	2.95	
VITAMIN WATER • COCONUT WATER • BAI		2.95	
GATORADE • RED BULL		2.95	
CHOCOLATE MILK		2.95	
CANNED SODAS		1.50	
BOTTLED SODAS		2.00	
	<u>Sm.</u>	<u>Reg.</u>	<u>Lg.</u>
POLAND SPRING WATER	1.50	2.50	3.75



FRUIT SMOOTHIES

16oz. 24oz. 4.95 6.50

DAIRY, SUGAR & GLUTEN-FREE

STRAWBERRY-BANANA

FOUR-BERRY BURST (Raspberry, Strawberry, Blueberry & Blackberry) **EXOTIC BLAST** (Peach, Pear & Apricot)

BLENDED ICED COFFEE FRAPPÉS

MOKA · DOUBLE CHOCOLATE · CARAMEL

.95 6.50

BURGERS & GRILL



HOMESTYLE BURGERS

8 OZ. OF 100% FRESH GROUND BEEF.

Served w/ Lettuce, Tomato & Pickle on Brioche Roll.

1.	CLASSIC BURGER		7.95
2.	CHEESEBURGER	w/ Choice of Cheese	8.95
3.	PIZZA BURGER	w/ Mozzarella & Marinara Sauce	8.95
4.	MUSHROOM SWISS BURGER		9.95
5.	BARBECUE BURGE	<u>R</u>	9.95
	w/ Cheddar Cheese,	Raw Onions & Barbecue Sauce.	

6. <u>CALIFORNIA BURGER</u> w/ Fresh Avocado & Raw Onions **9.95**

7. <u>SOUTHWESTERN BURGER</u> 9.95 w/Pepperjack Cheese, Jalapeños, Fried Onions & Chipotle-Mayo.

8. <u>ULTIMATE CHEESEBURGER</u> NEW YORK'S BEST! 9.95 w/ American Cheese, Fried Onions, Mayo, Mustard & Relish.

9. BACON CHEESEBURGER w/ Choice of Cheese 10.95
10. HAWAIIAN BURGER 10.95

w/ Provolone Cheese, Ham, Pineapple, Raw Onions & Teriyaki Sauce.

CHEESESTEAKS MADE WITH 100% FRESH SLICED ROAST BEEF.

Served w/ Grilled Peppers on Hero Roll. (Free Grilled Onions Optional)

CLASSIC STEAK

8.95

CLASSIC STEAK
 PHILLY CHEESESTEAK w/Choice of Cheese
 9.95

3. CHEESESTEAK MELT 9.95 w/ Swiss Cheese, Grilled Onions & Thousand Island Dressing.

4. MUSHROOM PHILLY w/ Choice of Cheese & Sautéed Mushrooms.

5. <u>PIZZA CHEESESTEAK</u> 10.50 w/ Mozzarella Cheese & Fresh Marinara Sauce.

6. <u>SOUTHWESTERN PHILLY</u> 10.50 w/ Pepperjack Cheese, Jalapeños, Grilled Onions & Chipotle-Mayo.

7. BACON PHILLY w/Crispy Bacon & Choice of Cheese **11.50**

8. BARBECUE PHILLY
11.50
w/ Crispy Bacon, Cheddar Cheese, Grilled Onions & Barbecue Sauce.

9. PHILLY CLUB 11.50 w/ Crispy Bacon, Provolone Cheese, Lettuce, Tomato & Mayo.

CHICKEN SANDWICHES 100% PREMIUM CHICKEN CUTLETS.

 $Served\ w/\ Lettuce, Tomato, Pickle\ \&\ Russian\ Dressing\ on\ Brioche\ Roll.$

1. CRISPY BREADED CHICKEN CUTLET 7.95

2. <u>SPICY BREADED CHICKEN CUTLET</u> 7.95 3. CHAR-GRILLED CHICKEN CUTLET 7.95

w/CHEESE add 1.00 CLUB w/BACON & CHEESE add 2.00

ANY ABOVE ITEM DELUXE W/ SIDE STEAK-CUT FRIES add 2.95

Burger, Cheesesteak & Chicken Sandwich Toppings

CHEESES: (1.00 per) American • Swiss • Cheddar • Provolone Mozzarella • Feta • PepperJack • Muenster

VEGGIES: (1.00 per) Grilled Mushrooms • Grilled Onions • Raw Onions Green Peppers • Jalapeños • Roasted Peppers

Red Peppers • Grilled Tomatoes

OTHER: (1.75 per) Sliced Avocado • Portobello Mushrooms

(2.25 per) Bacon • Turkey Bacon • Ham • Fresh Mozzarella

Grill Condiments & Dressings

Ketchup • Mustard • Honey Mustard • BBQ Sauce • Chipotle Mayo Mayo • A1 Steak Sauce • Hot Sauce • Blue Cheese Dressing • Relish Sriracha Hot Chili Sauce • Thousand Island Dressing • Ranch Dressing

SIDE ORDERS

LARGE SIDE OF STEAK-CUT FRIES 4.50 CHEESE FRIES 5.95

SANDWICH BAR



OURMET SANDWICHES SERVED HOT or COLD

- **1. <u>APPLEWOOD SMOKED TURKEY BREAST</u>** with Swiss Cheese, Plum Tomatoes, Green Leaf Lettuce and Honey Mustard on French Baguette.
- 2. RARE ROAST BEEF with Roasted Peppers, Arugula, Plum Tomatoes, Cheddar Cheese, Red Onions and Horseradish Mayo on Onion Ciabatta.
- **3.** <u>ADOBO CHICKEN</u> with Cajun Chicken, Pico de gallo Salsa, Avocado, and Chipotle Dressing on 7 Grain Bread.
- **4. GENOA SALAMI & MOZZARELLA** with Roasted Peppers, Sliced Ham, Fresh Mozzarella, Sun-Dried Tomatoes and Pesto Dressing on Baguette.
- ROAST BEEF & TURKEY COMBO with Provolone Cheese, Lettuce, Tomatoes, Red Onions and Horseradish Mayo on Sourdough Baquette.
- **6.** <u>CALIFORNIA TUNA</u> with Albacore Tuna Salad, Alfalfa Sprouts, Avocado, Lettuce and Lowfat Mayonnaise on White Flatbread.
- **7. GRILLED CHICKEN PITA** with Lettuce, Tomatoes, Peppers and Lowfat Garlic Greek Yogurt Dressing on Folded White Flatbread.
- **8. <u>SLICED TURKEY & HAM COMBO</u>** with Muenster Cheese, Arugula, Tomatoes and Russian Dressing on Sourdough Baguette.

VEGETARIAN SANDWICHES SERVED COLD

- 1. <u>VEGETARIAN FOCCACIA</u> roasted vegetables, melted tomatoes, ripe avocado, arugula, parmesan shavings & lemon aioli on olive foccacia.
- 2. FRESH AVOCADO & ALFALFA SPROUTS with basil pesto on walnut pullman bread.

HOT PRESSED PANINI

SERVED HOT

8.95

8.95

- **1. <u>ITALIAN CLUB</u>** turkey, ham, Genoa salami, Provolone cheese and red onion aioli on whole wheat panini.
- **2.** <u>CHICKEN FAJITA</u> grilled chicken breast, pico de gallo salsa, shredded cheddar, grilled peppers & onions on sundried-tomato panini.
- **3. TURKEY BACON GUACAMOLE** turkey breast, crispy smoked bacon, pepperjack cheese, quacamole and ranch dressing on spinach panini.
- **4.** <u>CHIPOTLE CHICKEN</u> grilled chicken, sliced avocado, cherry tomatoes, Muenster cheese and chipotle mayo on white panini.
- **5. <u>SIERRA TURKEY</u>** fresh roasted turkey with pepperjack cheese and southwestern chipotle on whole wheat pannini.
- **6. TUSCAN MELT** fresh mozzarella, sun-dried tomatoes, fresh basil and pesto dressing on spinach panini.
- 7. <u>BAKED CHICKEN PARMIGIANA</u> oven baked breaded chicken cutlet with fresh homemade marinara sauce, fresh mozzarella and fresh basil on sundried-tomato panini.
- **8. TUNA MELT** Albacore tuna salad, roasted red peppers & American cheese on five-grain whole wheat panini.

CLASSIC SANDWICHES

Served on choice of: White, Rye, Whole Wheat or Whole Grain Bread Served on GLUTEN-FREE BREAD or Croissant add 1.50 Bacon, Ham or Avocado add 1.75 Tomatoes or Cheese add 1.00

1. TUNA, CHICKEN or EGG SALAD (w/ lettuce & tomatoes)

Served on Plate as side with no bread

5.95

2. GRILLED CHEESE choice of CHEESE 4.95

American • Swiss • Cheddar • Pepperjack • Mozzarella • Feta • Provolone

3. BLT (w/bacon, lettuce & tomatoes) 5.95

4. <u>CLUB SANDWICH</u>
Served w/ choice of: (w/ bacon, lettuce & tomatoes)
Sliced Turkey, Roast Beef, Ham, Pastrami,
Corned Beef or Grilled Chicken. **8.95**

HAM & SWISS CROISSANT SERVED HOT OR COLD 5.95

SPINACH & FETA CHEESE PIE SERVED HOT 6.95 w/ eggs, spinach, herbs & imported Feta cheese in a crispy phyllo dough.

SMOKED NOVA SCOTIA SALMON

12.75

with Sliced Tomato, Red Onions, Capers & Cream Cheese on Bagel.

CREATE YOUR OWN MEAL



Limited Only By Your Imagination!

BASE PRICE w/3 TOSS-INS 8.95

STEP1 - CHOOSE YOUR PASTA

Linguine Penne Fettucini Rotini (Spiral) Low-Carb Penne Rigatoni GLUTEN-FREE (+1.00)

STEP2 - SELECT YOUR FAVORITE SAUCE

Marinara Spicy Tomato Basil Ala Vodka Roasted Garlic & Olive Oil Alfredo Fresh Basil Pesto **Sweet Butter** Beef Bolognaise (+2.00)

STEP3 - PICK 3 TOSS-INS (1.00 per extra)

Kalamata Olives O Sliced Mushrooms **Broccoli Florets Sweet Peas Sun-Dried Tomatoes** Crispy Bacon Bits Roasted Peppers Zucchini O **Grilled Onions Cherry Tomatoes** Cheddar Cheese Scallions **Diced Tomatoes** Holland Peppers O Baby Spinach O Feta Cheese **ADD FREE TOPPINGS** Fresh Basil O **Grated Parmesan**

STEP4 - OPTIONAL MAIN INGREDIENTS

(1.75 per portion)

Fresh Buffalo Mozzarella

(3.75 per portion)

(2.75 per portion) **Breaded Chicken Cutlet** Black Forest Ham

Rosemary Grilled Chicken

Portobello Mushrooms

Smoked Salmon

Grilled Shrimp

Spicy Sausage

Smoked Turkey Breast



All Natural. Locally Grown When Possible.

BASE PRICE w/5 TOSS-INS 8.95

STEP1 - CHOOSE YOUR GREENS

Crisp Romaine Field Greens O Baby Spinach O Baby Kale O Arugula

STEP2 - PICK 5 TOSS-INS (1.00 per extra)

Diced Tomatoes Sliced Mushrooms **Red Onions** Sweet Corn **Sun-Dried Tomatoes** Crispy Bacon Bits Cranberries Raisins **Cherry Tomatoes** Hard Boiled Egg Pickled Ginger Chickpeas **Green Peas Roasted Red Peppers** Holland Peppers O Broccoli Florets **Toasted Almonds Sunflower Seeds** Bean Sprouts O Walnuts Jalapeño Peppers Sesame Noodles Feta Cheese Cucumbers Cheddar Cheese Mandarin Orange Zucchini 0 Scallions Kalamata Olives O **Shredded Carrots Black Beans** Sliced Beets **ADD FREE TOPPINGS** Croutons **Grated Parmesan**

STEP3 - OPTIONAL MAIN INGREDIENTS

(1.75 per portion) Portobello Mushrooms (2.75 per portion) **Breaded Chicken Cutlet**

Black Forest Ham Rosemary Grilled Chicken **Smoked Turkey Breast** Fresh Buffalo Mozzarella (3.75 per portion) Grilled Shredded Beef

Fresh Ripe Avocado Tuna Salad Scoop Baked Tofu **Grilled Shrimp**

STEP4 - SELECT YOUR FAVORITE DRESSING

CLASSICS Perfect Caesar • Blue Cheese • French • Thousand-Island • Russian

Sesame Ginger • Roasted Garlic • Chipotle-Lime Vinaigrette LOW-FAT Honey-Mustard Dressing • Creamy Italian • Basil Vinaigrette Creamy Sriracha • Avocado Chimichurri • Peppercorn Ranch

Lemon Herb Vinaigrette • Raspberry Vinaigrette • Lemon-Tahini FAT-FREE Balsamic Vinegar • Extra Virgin Olive Oil • Italian Red Wine Vinegar Splash of Sriracha • Fresh Lemon Juice • Fresh Lime Juice

STEP5 - TOSSED OR CHOPPED?

CREATE YOUR OWN MEAL



A Taste of the Orient, Made Your Way

BASE PRICE w/3 TOSS-INS 8.95

STEP1 - CHOOSE YOUR BASE

Egg Noodles Baby Spinach O Brown Rice O Baby KaleO

STEP2 - SELECT YOUR FAVORITE SAUCE

Classic Stir-Fry Teriyaki Barbecue Thai Chili Sweet & Sour Orange Ginger

STEP3 - PICK 3 TOSS-INS (1.00 per extra)

Broccoli Florets Snow Peas O Bok Choy O **Green Peas** Water Chestnuts Baby Spinach O Toasted Almonds Baby Corn Sliced Mushrooms Holland Peppers O Bean Sprouts O **Peanuts Grilled Onions** Napa Cabbage O Zucchini O Scallions Baby Kale O **Cherry Tomatoes Shredded Carrots Pineapple**

> **ADD FREE TOPPINGS** Sesame Seeds Sesame Noodles

STEP4 - OPTIONAL MAIN INGREDIENTS

(1.75 per portion) Portobello Mushrooms

(2.75 per portion) Black Forest Ham

Baked Tofu **Breaded Chicken Cutlet** Rosemary Grilled Chicken **Smoked Turkey Breast**

Grilled Shrimp

Grilled Shredded Beef (3.75 per portion)



Healthy Protein-Packed Superfood Creations!

BASE PRICE w/4TOSS-INS 8.95

STEP1 - CHOOSE YOUR BASE

Red & White Quinoa O GF Brown Rice O Ouinoa & Brown Rice O

STEP2 - PICK 4 TOSS-INS (1.00 per extra)

Broccoli Florets Pickled Ginger **Grilled Onions Green Peas** Baby Spinach O Cucumber & Cilantro Toasted Almonds Baby Corn **Roasted Peppers** Holland Peppers O Bean Sprouts O Scallions Jalapeño Peppers **Sundried Tomatoes** Zucchini O **Black Beans** Kalamata Olives O Crispy Bacon Bits Chickpeas Sliced Mushrooms Sliced Beets Cheddar Cheese **Diced Tomatoes** Sunflower Seeds **Cherry Tomatoes Shredded Carrots** Baby Kale O Feta Cheese

> Sesame Seeds **ADD FREE TOPPINGS** Fresh Mint

STEP3 - OPTIONAL MAIN INGREDIENTS

(1.75 per portion) Portobello Mushrooms

(2.75 per portion) **Breaded Chicken Cutlet** Fresh Ripe Avocado Black Forest Ham Rosemary Grilled Chicken **Smoked Turkey Breast Baked Tofu** Fresh Buffalo Mozzarella

Grilled Shredded Beef

(3.75 per portion) **Grilled Shrimp**

STEP4 - SELECT YOUR FAVORITE DRESSING

Sesame Ginger • Roasted Garlic • Basil Vinaigrette • Lemon-Tahini Honey-Mustard Dressing • Chipotle-Lime Vinaigrette • Creamy Sriracha Avocado Chimichurri • Lemon Herb Vinaigrette • Raspberry Vinaigrette

HOME-STYLE SOUPS

Made Fresh Daily. Ask for Selections.

Regular (12oz.) 4.95 6.50 Large (16oz.)

DESSERTS



SPECIALTY <u>CAKES</u>

INDIVIDUAL SLICE 5.95

NEW YORK CHEESECAKE • STRAWBERRY CHEESECAKE

BLUEBERRY CHEESECAKE • MARBLE CHEESECAKE **RED VELVET CAKE**

SCRUMPTIOUS PASTRIES

5.95

TIRAMISU · FRESH FRUIT TART

STRAWBERRY SHORTCAKE . CARROT CAKE **VANILLA NAPOLEON • CARAMEL CAKE**

SWEET DELIGHTS

CANNOLI • CHOCOLATE CANNOLI CUSTARD ECLAIR • CREME CARAMEL (FLAN)

HEAVENLY CUPCAKES

3.95

3.95

VANILLA · CHOCOLATE · CARROT · SMORES

RED VELVET • OREO COOKIE • M & M

JUMBO COOKIES

2.95

BLACK & WHITE · CHOCOLATE CHIP RAINBOW COOKIE • M & M COOKIE

OATMEAL RAISIN · LINZER TART

CHOCOLATE CHIP DIPPED

JUMBO YOGURT MUFFINS

2.95

CORN • RAISIN BRAN • BLUEBERRY CRUMB

ALMOND POPPY SEED • BANANA-NUT

CRANBERRY-ORANGE • BERRY BLAST

DOUBLE CHOCOLATE CHIP . CAPPUCINO

SCRUMPTIOUS CROISSANTS

LARGE PLAIN CROISSANT	2.50
CHOCOLATE CROISSANT	2.95
STRAWBERRY & CHEESE CROISSANT	2.95

SWEET DANISHES

CHEESE DANISH · CINNAMON-RAISIN DANISH 2.95 CHERRY DANISH • APPLE TURNOVER

FROSTED CINNAMON BUN 3.95



GREEK YOGURT PARFAIT

16oz.

4.50 5.95 w/ Seasonal Berries, Granola & Greek Yogurt. (Vanilla or Strawberry)

STRAWBERRY & HONEY CUP

10oz.

w/ Freshly Sliced Strawberies, Honey & Vanilla Greek Yogurt.

BLUEBERRY & HONEY CUP w/ Blueberries, Honey & Vanilla Greek Yogurt.

4.50

FRESH FRUIT SALAD BOWL 5.50 (16oz.)

CATERING & PLATTERS



8 PERSON MINIMUM - PRICES LISTED ARE PER PERSON

AVAILABLE ALL DAY

GREEK YOGURT PARFAITS

Fresh Fruit, Granola & Lowfat Vanillka Greek Yogurt.

FRESH FRUIT SALAD BOWL An Assortment of Diced Fresh Fruits & Berries.

CARVED FRESH FRUIT & BERRIES PLATTER 6.95pp An Assortment of Carved Fresh Fruits. A Perfect Way To Start Your Day!

BREAKFAST

MORNING FAVORITES

Assorted Danishes, Croissants & Muffins.

JUMBO NEW YORK BAGELS 3.95pp

Accompanied by Assorted Cream Cheeses, Butter & Preserves

BREAKFAST SANDWICHES & WRAPS starting at 5.95pp Assorted Egg Sandwiches & Wraps. Try Our Specialties or Create Your Own.

BREAKFAST BURRITOS starting at 6.95pp

Assorted Egg Burritos. Try Our Specialties or Create Your Own.

NOVA SCOTIA SMOKED SALMON PLATTER

Imported Smoked Salmon with Onions, Cucumbers, Capers & Tomatoes. Accompanied with Tray of Assorted Bagels & Cream Cheeses.

LUNCH & DINNER

GOURMET SANDWICHES & WRAPS PLATTER

9.95pp

2.50pp

4.50pp

5.50pp

3.95pp

An Assortment of Our Delicious Sandwiches & Wraps. Vegetarian & GLUTEN-FREE Available.

FRESH GARDEN SALADS starting at 6.95pp

Create your Own or Ask for our Chef Specialties.

HOT PASTAS starting at 9.95pp

Create your Own or Ask for our Chef Specialties.

starting at 9.95pp STIR-FRY

Create your Own or Ask for our Chef Specialties.

QUINOA & BROWN RICE starting at 9.95pp

Create your Own or Ask for our Chef Specialties.

SHRIMP COCKTAIL PLATTER 9.95pp

Served with Cocktail Sauce & Lemon Wedges. Great For Any Occasion!

SWEETS & DESSERTS

COOKIE PLATTER 3.50pp

Assortment of Regular & Jumbo Cookies with Fresh Strawberries.

DESSERT PLATTER 4.95pp Assortment of Cannolis & Chocolate Cannolis, Eclairs & Brownies.

CAKE & PASTRY PLATTER 6.95pp

Assortment of Delicious Sliced Cakes & Decadent Patries.

BEVERAGES

COFFEE SERVICE 2.50pp

Featuring Our Fresh Brewed Signature Roast or Decaffeinated Coffee.

Featuring Black Leaf, Decaffeinated & Herbal Teas.

STEAMED HOT CHOCOLATE SERVICE 2.95pp **FRESH ORANGE SERVICE** 3.50pp

ASSORTED COLD BEVERAGE SERVICE

Small Poland Spring Water • Canned Sodas 2.00pp Snapple Iced Teas • Bottled Sodas 2.50pp

PLEASE PLACE LARGE ORDERS 24HRS. IN ADVANCE

10% SERVICE CHARGE ON ALL ORDERS